

# Conflict of interest statement

I herewith declare anything that may potentially be viewed as a conflict of interest during the past three years such as paid or unpaid consultancies, business interests or sources of honoraria payments:

***Nothing to declare***





WEO

The voice of world  
endoscopy

# Proximal serrated polyp detection rate and risk of interval post-colonoscopy colorectal cancer

D.E.F.W.M. van Toledo, M.D.<sup>1\*</sup>, J.E.G. IJspeert, M.D. <sup>1\*</sup>, P.M.M. Bossuyt, Ph.D.<sup>2</sup>, A.G.C. Bleijenberg, M.D. <sup>1</sup>, M.E. van Leerdam, M.D.<sup>3,4</sup>, M. Van der Vlugt, M.D. <sup>1</sup>, I. Lansdorp-Vogelaar, Ph.D.<sup>5</sup>, M.C.W. Spaander, M.D.<sup>6</sup> , E. Dekker, M.D.<sup>1</sup>



Amsterdam UMC  
University Medical Centers



# Background

- Adenoma detection rate (ADR) is inversely associated with interval post-colonoscopy colorectal cancer (interval PCCRC)

“ all cancers detected after negative colonoscopy for CRC and before advised surveillance interval”

- Interval PCCRCs develop frequently from serrated polyps
- Proximal serrated polyp detection rate (PSPDR) as new quality indicator?
- PSPDR leaves out histopathological differentiation of serrated polyps



# Aim

- To evaluate the association between endoscopists' PSPDR and their patients risk for interval PCCRC

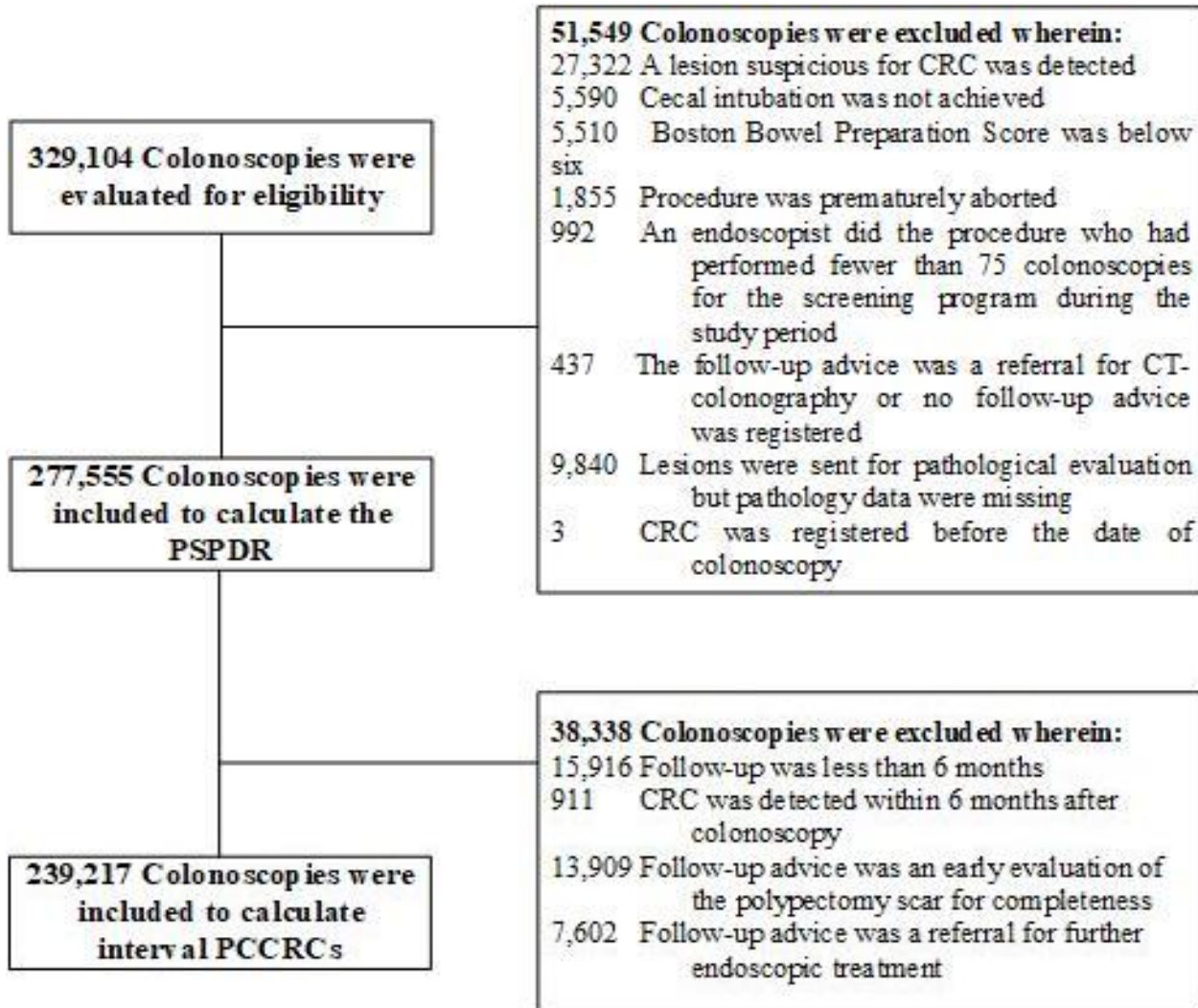


# Method

- National FIT-based screening program
- January 2014 - December 2020
- Colonoscopy screening database + National Cancer Registry
- Multilevel proportional-hazard regression analysis



# Method: flowchart



# Results: Baseline characteristics

	Colonoscopies (n=277,555)		Interval PCCRC (n=305)
Age, years	68	(63-72)	70 (66-74)
Sex			
Female	115,240	(42%)	130 (43%)
Male	162315	(58%)	175 (57%)
<u>Endoscopists, (n=441)</u>			-
Median PSPDR, %	11.9	(8.3 -15.8)	-
Median ADR, %	66.3	(61.4-69-9)	-



# Results: linear association PSPDR and interval PCCRC

- PSPDR 1% $\uparrow$  = 7% $\downarrow$  interval PCCRC risk
- Association also in subgroups:
  - females/males
  - proximal/distal interval PCCRC
  - advanced/non-advanced interval PCCRC





# Results: proximal /distal interval PCCRC

Proximal	HR (95% CI)*		p-value
PSPDR	0.94	(0.91 - 0.98)	0.001
Age	1.05	(1.02 - 1.08)	<0.001
Sex, female	1.54	(1.11 - 2.12)	0.009

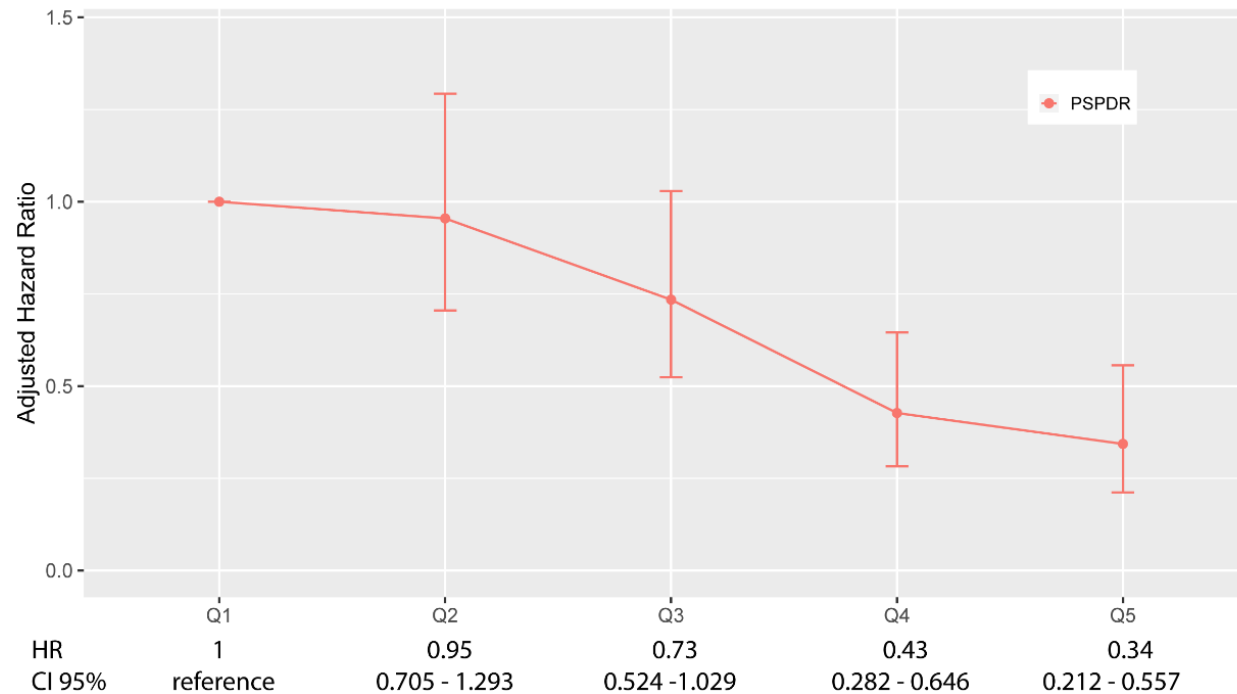
Distal	HR (95% CI)*		p-value
PSPDR	0.91	(0.87 - 0.94)	<0.001
Age	1.06	(1.02 - 1.09)	<0.001
Sex, female	0.67	(0.47 - 0.95)	0.02

- Proximal cancers → females have higher risk

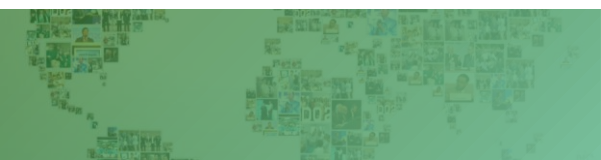
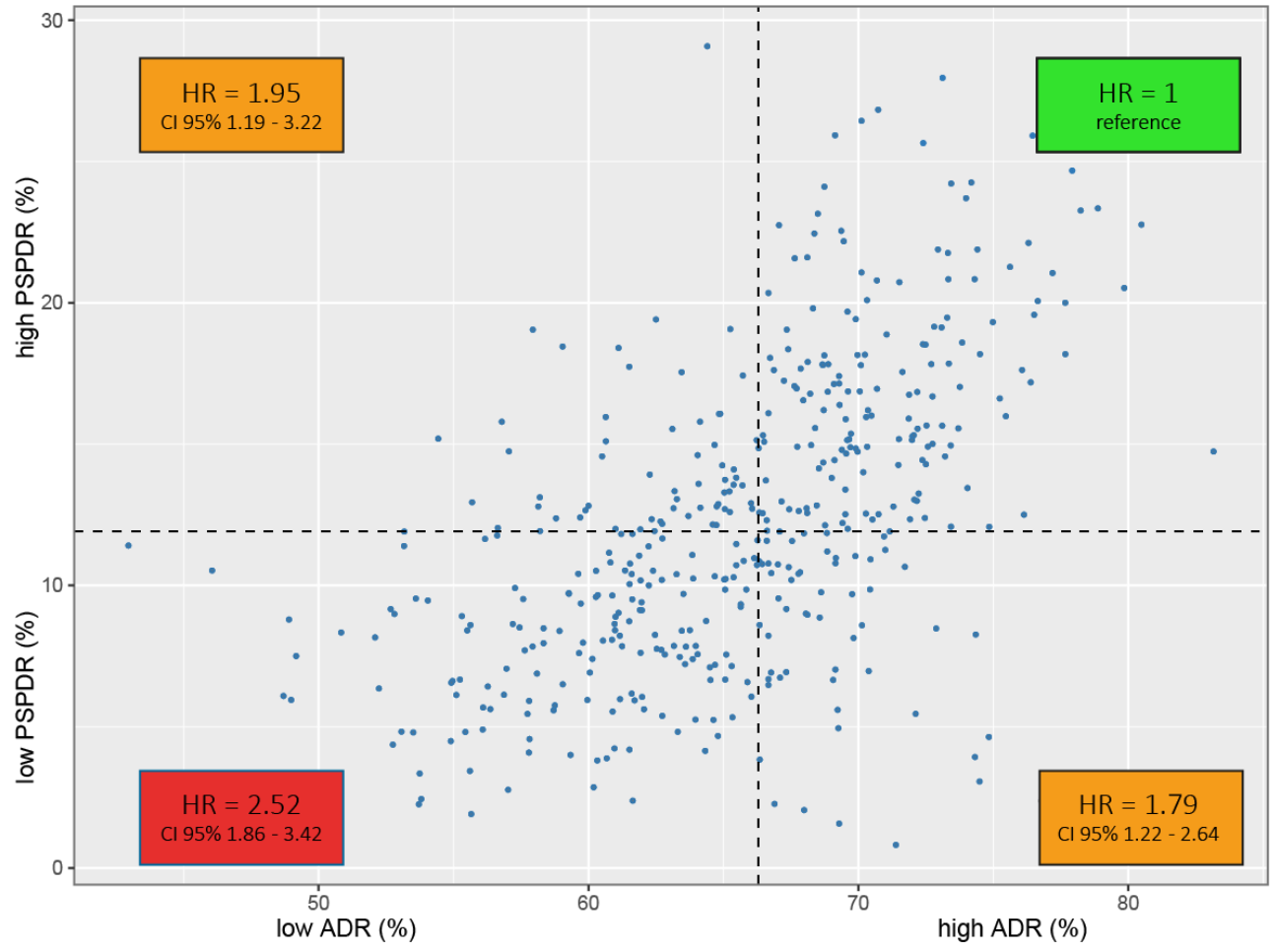


# Results: association between PSPDR quintiles and interval PCCRC

- PSPDR in highest quintile → 66% lower interval PCCRC risk



# Results: PSPDR and ADR together?



# Conclusion

- Higher proximal serrated polyp detection rate (PSPDR) is associated with lower interval PCCRC risk
- PSPDR and ADR are only moderately correlated
- Endoscopists with a high PSPDR *and* high ADR have the lowest risk of interval PCCRC in their patients

**→ We validated the PSPDR as new colonoscopy quality indicator in a FIT-based screening program**



# Implications

- Validation in different settings beyond FIT screening
- Training of endoscopists on awareness and diagnosis of serrated polyps
- Accurate classification of serrated polyps in endoscopy reports is essential to enable PSPDR registration





For full paper: The Lancet Gastroenterology & Hepatology (online publication May 9th 2022)

Contact: [d.e.vantoledo@amsterdamumc.nl](mailto:d.e.vantoledo@amsterdamumc.nl)

